

Jonah's Prayer (v1a)

From the stomach
of the fish (v1b)

1 Then *Yehovah, 6519x, the existing One; self-existent or eternal* *'elohiym, 2606x, the (true) God, God*
Yonah, 19x, dove

Jonah prayed to the LORD his God

palal, 84x, to intervene, interpose, pray, to intercede, to pray – desperation (1Sam 1:10), thanksgiving (1Sam 2:1) *Dag, 20x, fish*
from the stomach of the fish,
me`eh, 32x, internal organs, inward parts, bowels, intestines, belly, womb

'amar, 5308x, to say, speak, utter

he said,

qara, 735x, to call, call out, proclaim, cry out, to utter a loud sound

"I called out of my distress to the LORD,

Tsarah, 73x, straits, distress, trouble

And

Anah, 329x, to answer, respond, testify, speak, shout

He answered me.

shava`, 21x, to cry out (for help), shout

Beten, 72x, belly, womb, body, belly, abdomen - of depth of Sheol (fig.)

I cried for help from the depth of Sheol;

shama`, 1159x, to hear, listen to, obey (Qal) to hear (perceive by ear), to hear (have power to hear), to hear with attention or interest, listen to

Thou didst hear my voice.

qowl or qol, 506x, voice, sound, noise

sh@'owl or sh@ol, 65x, sheol, underworld, grave, hell, pit, the underworld - Sheol - the OT designation for the abode of the dead, place of no return, wicked sent there for punishment

From the depth of
Sheol (v2)

Jonah's Peril (v3a)

3

"For

Shalak, 125x, to throw, cast, hurl, fling

*m@tsowlah, or m@tsolah, 11x,
depth, the deep, the deep sea*

Thou hadst cast me into the deep,

Lebab, 252x, inner man, mind, will, heart, soul, understanding

Yam, 396x, sea

Into the heart of the seas,

And

*Nahar, 120x, stream, river,
(underground) streams*

*Cabab, 154x, to turn, turn about or around or
aside or back or towards, go about or around,
surround, encircle, change direction*

the current engulfed me.

Mishbar, 5x, breaker, breaking (of sea)

All Thy breakers

In the heart of the
seas (v3b)

and

*Gal, 35x, heap, spring, wave, billow, waves
(fig. of chastisement of Jehovah)*

billows passed over me.

*`abar, 559x, to pass over or by or through, alienate,
bring, carry, do away, take, take away, transgress*

4

"So

*'amar, 5308x, to
say, speak, utter* I said,

*Garash, 47x, to drive out, expel, cast
out, drive away, divorce, put away,
thrust away, trouble, cast up*

*'ayin, 887x, eye, of physical
eye, as showing mental
qualities, of mental and
spiritual faculties*

'I have been expelled from Thy sight.

Jonah's Plight (v3c-4a)

Jonah's Profession (v4b)

'ak, 22x, indeed, surely (emphatic);
howbeit, only, but, yet (restrictive)

Nevertheless

Nabat, 69x, to look, regard

I will look again

Yacaph, 213x, to add,
increase, do again

Qodesh, 468x,

apartness,
holiness,
sacredness,
separateness - of
God, of places, of
things

Heykal, 80x,
palace,
temple, nave,
sanctuary,
(of heavenly
temple)

“the waters have come
even to the soul,” were to
Jonah realities. Sunk in
the deep seas, the water
strove to penetrate at
every opening. To draw
breath, which sustains
life, to him would have
been death” (Barnes)

toward Thy holy temple.'

Mayim, 582x,
water, waters

'aphaph, 5x, to
surround, encompass

Nepshesh, 751x, soul, self, life, creature, person,
appetite, mind, living being, desire, emotion, passion

5 "Water encompassed me to the point of death.

t@howm or *t@hom*, 36x, deep, depths, deep places, abyss,
the deep, sea - deep (of subterranean waters), Sheol

The great deep engulfed me,

Jonah Reviews His Ordeal (v5-6b)

Cuwph, 28x, reed, rush, water plant
Cabab, 154x, to turn, turn about or around or aside or back or
towards, go about or around, surround, encircle, change direction

Weeds were wrapped around my head.

Chabash, 33x, to tie, bind, bind on, bind
up, saddle, restrain, bandage, govern

Qetseb, 3x, cut, shape,
extremity, form, base

ro'sh, 598x, head, top, summit,
upper part, chief, total, sum,
height, front, beginning

6 "I descended to the roots of the mountains.

Har, 546x, hill, mountain,
hill country, mount

Yarad, 380x, to go down, descend,
decline, march down, sink down

b@riyach, 41x, bar - of wood, of city gates; of
tribulation, a fortress, of the earth as a prison (fig.)

The earth

with its bars

'erets, 2504x, land, earth

b@'ad, prep, 19x, behind,
through, round about, on behalf
of, away from, about
was around me forever,

`owlam or *`olam*, 439x, long duration,
everlasting, evermore, perpetual, ancient
time, for ever, always, continuous existence,
perpetual, everlasting, indefinite or
unending future, eternity

But

Chayay, 23x, to live, have life,
remain alive, sustain life, live
prosperously, live for ever, be
quicken, be alive, be restored to
life or health

`alah, 889x, to go up,
ascend, climb

Thou hast brought up my life from the pit,

**Jonah Reviews His
Rescue (v6c)**

Yehovah, 6519x, the existing
One; self existent or eternal

Shachath, 23x, pit, destruction,
grave, pit (of Sheol)

O LORD my God. *'elohiym*, 2606x, God

`ataph, 16x, to turn aside, to be feeble,
be faint, grow weak, faint away

7 "While I was fainting away,

Zakar, 233x, to remember,
recall, call to mind

I remembered the LORD;

**Jonah Remembered the
LORD (v7a)**

And

t@phillah, 77x, prayer,
pray a prayer

Bow' 2577x, to come, to go

my prayer came to Thee,

Qodesh, 468x, holiness *Heykal*, 80x, temple,
nave, sanctuary

Into Thy holy temple.

**Jonah Remembered His
Prayer (v7b)**

Shamar, 468x, to keep, guard,
observe, give heed, pay heed *hebel*, 73x, vapour,
breath, vanity (fig.)

8 "Those who regard vain idols Forsake their faithfulness,

**Jonah's Statement
about Idolaters (v8)**

shav' or *shav*, 53x, emptiness, vanity,
falsehood, emptiness of speech, lying

'azab, 215x, to leave,
loose, forsake

Chesed, 248x, goodness, kindness,
faithfulness; a reproach, shame

9

But

Zabach, 134x, to slaughter, kill, sacrifice, slaughter for sacrifice; to sacrifice, offer sacrifice

I will sacrifice to Thee

qowl or *qol*, 506x, voice, sound, noise

With the voice of thanksgiving.

Nadar, 31x, to vow, make a vow, to vow a vow

That which I have vowed

I will pay.

Shalam, 116x, to be in a covenant of peace, be at peace; to make whole or good, restore, make compensation, to make good, pay, to requite, recompense

Salvation is from the LORD."

y@shuw`ah, 78x, salvation, deliverance, welfare, prosperity, victory

10 **Then**

'amar, 5308x, to say, speak, utter, to command *Dag*, 20x, fish

the LORD commanded the fish,

Yehovah, 6519x, the existing One; self existent or eternal

and

Qayah, 1x, to vomit, vomit up, disgorge

Yabbashah, 14x, dry land, dry ground

it vomited Jonah up onto the dry land.

Towdah, 32x, confession, praise, thanksgiving, thank-offering, sacrifice of thanksgiving

“Salvation is of (literally) to the Lord – It is wholly His; all belongs to Him, so that none can share in bestowing it; none can have any hope, save from Him. He uses an intensive form, as though he would say, strong ‘mighty salvation’. God seems often to wait for the full resignation of the soul, all its powers and will to Him. Then He can show mercy healthfully, when the soul is wholly surrendered to Him. So, on this full confession, Jonah is restored. The prophet’s prayer ends almost promising the same as the mariners” (Barnes).

Jonah Wills to Pay His Vow (v9a)

Jonah Proclaims Truth (v9b)

The LORD’s command (v10a)

Jonah Vomited onto Dry Land (v10b)

Jonah and the Fish / Praying to the LORD

The Resolution / God's Power Demonstrated

Verses 1-4					Verses 5-7			Verses 8-10							
Jonah's Prayer (v1a)	From the stomach of the fish (v1b)	From the depth of Sheol (v2)	Jonah's Peril (v3a)	In the heart of the seas (v3b)	Jonah's Plight (v3c-4a)	Jonah's Profession (v4b)	Jonah Reviews His Ordeal (v5-6b)	Jonah Reviews His Rescue (v6c)	Jonah Remembered the LORD (v7a)	Jonah Remembered His Prayer (v7b)	Jonah's Statement about Idolaters (v8)	Jonah Will's to Pay His Vow (v9a)	Jonah Proclaims Truth (v9b)	The LORD's Command (v10a)	Jonah Vomited onto Dry Land (v10b)
The prophet's despair					The prophet's dedication			The prophet's deliverance							

Principles: 1) God is wondrously merciful and compassionate and He alone can save His people. 2) Even in the most extreme of all dangers, God can still deliver – He is all powerful! 3) God is sovereign over all His creation and His will is supreme and it *will be done*. 4) Without faith, it is impossible to please God (Heb 11:6)

The LORD

1 Jonah prayed to the LORD his God from the stomach of the fish
2 I called out of my distress to the LORD
2 He answered me
2 He heard my voice from the depth of Sheol
3 Thou hast cast me into the deep
3 All Thy breakers & billows passed over me
4 I have been expelled from Thy sight
4 Nevertheless I will look again toward Thy holy temple
6 Thou hast brought up my life from the pit, O LORD my God
7 while I was fainting away, I remembered the LORD
7 my prayer came to Thee, into Thy holy temple
9 I will sacrifice to Thee with thanksgiving & pay my vows
9 Salvation is from the LORD
10 the LORD commanded the fish & it vomited Jonah onto dry land

1. LORD (6x), God (2x) 2. Thy holy temple (v4,7)
- What:
1. hears prayers from the fish's stomach (v1)
the depth of Sheol (v2)
a fainting man (v7)
 2. to be called to when in distress (v2)
 3. answers prayers (v2,7)
- His Character and Attributes
1. relents concerning calamity (v6,10)
 2. omnipresent (v1,2,7)
 3. omnipotent (v6,10)
 4. omniscient (ch 1-2)
 5. compassionate (v2,6,7,10)
- Jonah's Desperate Situation
1. trapped in the stomach of the fish – dark, unable to move or to see, no one knows where he is or what's happening to him
 2. in distress – emotionally traumatised, in claustrophobic quarters
 3. knew his situation was chastisement from the LORD (v2,3,4)
 4. trusted in God's goodness and power and ability to save (v4,6,7,9)
 5. his faith in God was vindicated when the fish vomited him up onto dry land (v10)

Passover

When: Lev 23:5 - 1st month at twilight (Ex 12:6)
Ex 12:14 - a permanent ordinance
Dt 16:6 - in the evening at sunset at the time,
you come out of Egypt

Where: Dt 16:5 not in any of your towns
6 but at the place the LORD chooses
to establish His name

**What:
Details:**

- 1. The Passover Lamb (Ex 12:1-14)
- 10th day - choose an unblemished male kid / lamb
a year old (v3-5)
- 14th day - kill it at twilight (v6)
 - put blood on 2 doorposts & lintel (v7)
 - eat flesh that same night roasted with fire (v8,9)
 - eat with unleavened bread & bitter herbs (v8)
 - eat with loins girded ... / in haste

Why? It is the LORD's Passover (v11)

2. The LORD's Passover

I will go through Egypt on that night
& will strike down all the first-born both man & beast
I will execute judgment against all the gods of Egypt (v12)
The blood shall be a sign for you
on the houses where you live (v13)
When I see the blood
I will pass over you & no plague will destroy you (v13)

3. It's Significance

a. Present

blood = sign that you're under God's protection / covenant
∴ no judgment / no plague
this day = memorial (v14)

- of God delivering His people from
bondage to Egypt
- of God's protection in the midst of judgment

 to remember the day you came out of Egypt in haste
(Dt 16:3)

b. Future

Passover = Crucifixion
Christ's death to deliver us from sin

Fulfillments:

1. The Lamb

Jesus = the Lamb of God who takes away the sin of the world (Jn 1:29)

2. The Choice of & Slaying of the Lamb

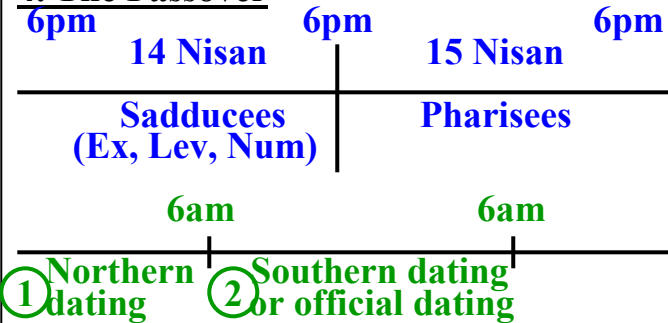
10th Nisan = Triumphal entry
the Lamb on display
14th Nisan = Crucifixion
the Lamb slain
(Jn 12:1, 12-13; Mt 26:1-2)

3. The Blood

1 Peter 1:18-19

we are redeemed with previous blood as of a lamb
unblemished & spotless = the blood of Christ

4. The Passover



5. The Memorial (Luke 22:15-20)

The Lord's Supper inaugurated

1 Cor 11:26 to commemorate Jesus' death
1 Cor 11:25 to commemorate the New Covenant
in His blood

Our Response

1 Cor 5:8 celebrate the feast not with the leaven of
malice & wickedness
but with the unleavened bread of
sincerity & truth

Luke 22:19 } do this in
1 Cor 11:24,25 } remembrance of Jesus
1 Cor 11:26 proclaim the Lord's death until He comes

Feast of Unleavened Bread

When:

15-21 Nisan (Lev 23:6-8;Dt 12:18)
throughout your generations
a permanent ordinance (Ex 12:17)
in the month of Abib (Ex 13:4)

Where:

in all your dwellings (Ex 12:20)

What:

on the 1st & 7th day - a holy assembly (Lev 23:18; Ex 12:16)
- no work to be done at all (Ex 12:13; Lev 23:7)
- eat unleavened bread for 7 days (Ex 12:15,18,20; 13:3,6)
= bread of affliction (Dt 16:3)
- 1st day - remove leaven from your houses (Ex 12:5)
in all your borders (Ex 13:7)
- 7th day - a feast to the LORD (Ex 13:6)
- tell your son, "It is because of what the LORD did for me
when I came out of Egypt." (Ex 13:8)

Penalties

eat anything leavened from 1st - 7th day
= cut off from Israel (Ex 12:15,19)
whether alien or nations (Ex 15:19)

**The Feast of Unleavened Bread is an agricultural
celebration - it forms a double festival with Passover.**

Significance

1. Present

- * a sign
- * a reminder of the LORD's deliverance of Israel from Egypt on this day (Ex 13:3,8,9) and that the law of the LORD may be in your mouth (Ex 13:9)

2. Future

- 1 Cor 5:7 - clean out the old leaven
- 1 Cor 5:8 - celebrate the feast not with the leaven of malice & wickedness but with the unleavened bread of sincerity & truth
 - = the holy walk of the believer
 - = the separate life of the redeemed

1. The first Passover is celebrated on the 14th of Nisan (Exodus 12:6)
2. Subsequent changes were made to the Passover. Over time, the majority, including the Pharisees, celebrated Passover on 15th Nisan, while the Sadducees and Jesus celebrated Passover on 14th Nisan.
3. Passover has several names: Preparation Day (Mark 15:42), the 1st day of Unleavened Bread (Mark 14:1,12; Matthew 26:17; Luke 22:1, 7)

Feast of First-fruits

What:

- * bring in sheaf of first-fruits to priests (Lev 23:10)
- * barley harvest = food for the poor
= 1st grain to ripen after winter
- * priest waves sheaf before the LORD for you to be accepted (Lev 23:11)
- * also offer burnt offering of a male lamb 1 year old without defect (Lev 23:12), grain offering & a libation (Lev 23:13)
- * no eating of bread or roasted grain until offering is done (Lev 23:14)

Significance

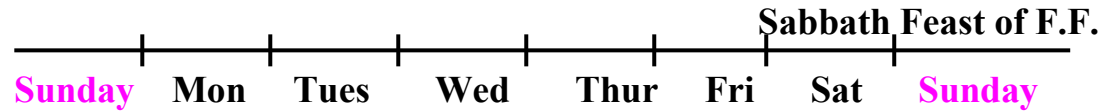
1. Present

God's faithfulness to provide food after the long winter months

2. Future

- * Christ = First-fruits (1 Cor 15:20)
- * those who are Christ's at His Coming = harvest (1 Cor 15:23)
- * Matthew 28:1-8
- * Luke 23:44-24:6
- * John 20:1-18
- * Hebrews 9:11-12

When: the day * after the regular Saturday Sabbath (Lev 23:11)
* can be 2-6 days after Passover



a perpetual statute (Lev 23:14)

Fulfillment

Matthew 12:40 & Jonah 1:17

3 days & 3 nights in the heart of the earth

John 2:18-22

sign / proof of Jesus' Messiahship was His resurrection on the 3rd day

13 Nisan	14 Nisan	15 Nisan	16 Nisan	17 Nisan
	Passover = Preparation Day (Lk 23:54) Christ Crucified	= 1 st day of Unleavened Bread = Annual Sabbath (Jn 19:31)	Women buy & prepare spices (Mk 16:1; Lk 23:54)	Regular Sabbath

9 Nisan Fri	10 Nisan Sat	11 Nisan Sun	12 Nisan Mon	13 Nisan Tue	14 Nisan Wed	15 Nisan Thurs	16 Nisan Fri	17 Nisan Sat	18 Nisan Sun
	Lamb Chosen				Passover Preparation Day	Feast of Unleavened Bread			
						Day 1	Day 2	Day 3	Day 4
6 pm	6 pm	6 pm	6 pm	6 pm	6 pm	6 pm	6 pm	6 pm	6 pm
	<p>* Supper at Bethany</p> <p>Regular Sabbath</p> <p>* Anointing by Mary</p> <p>* Pharisees plan to kill Laz.</p> <p>R E S T</p> <p>Israel rejects Jesus as Messiah</p> <p>Jesus foretells His death</p> <p>Greeks seek Jesus</p>	<p>Cleansing of Temple</p> <p>Fig Tree Cursed</p>	<p>Weeps over Jerusalem</p> <p>Widow's mite</p> <p>Woes against S + P</p> <p>David's Son?</p> <p>Greatest C</p> <p>7 brothers + 1 wife</p> <p>Parables</p> <p>Jesus' authority challenged</p>	<p>* Olivet Discourse</p> <p>* Crucifixion 2 days off</p> <p>* Plot to kill Jesus at Bethany</p> <p>* Anointing by woman</p> <p>* Judas agrees to betray</p>	<p>Lord's Supper</p> <p>* Jn 13-17</p> <p>* Gethsemane</p> <p>Crucifixion</p> <p>complaint about inscription</p> <p>3 Jewish trials</p> <p>1. Annas + elders</p> <p>2. Caiaphas + elders</p> <p>3. whole Council</p> <p>Peter's 3 denials</p> <p>Judas hangs himself</p>	<p>Death</p> <p>Burial</p> <p>Holy Convocation Annual Sabbath</p> <p>Jn 19:31 "high day"</p> <p>R E S T</p> <p>Lk 23:56 on the Sabbath day they rested</p> <p>16:1 Women buy spices and perfumes</p> <p>Lk 23:56 Women prepares spices & perfumes</p> <p>Mt 12:40 Son of Man in the heart of the earth 3 days + 3 nights</p> <p>Jn 2:19 "destroy this temple & in 3 days I will raise it up"</p>	<p>Mk 16:1 when the Sabbath was over</p> <p>Regular Sabbath</p> <p>R E S T</p>	<p>Mt 28:1 after the Sabbaths</p> <p>Firstfruits</p> <p>Mt 28:1 MM + M came to look at grave</p>	<p>Jesus appears to 10 disciples</p> <p>Jesus appears to 2 on Emmaus</p> <p>* Jesus appears to Peter</p> <p>soldiers report to chief priest</p> <p>* Jesus appears to women</p> <p>* Jesus appears to MM</p> <p>angels appear to women / take off</p> <p>* MM runs to P+J</p> <p>women came with spices</p>
12pm	12am	12pm	12am	12pm	12am	12pm	12am	12pm	12am
6 am	6 am	6 am	6 am	6 am	6 am	6 am	6 am	6 am	6 am
9 Nisan Fri	10 Nisan Sat	11 Nisan Sun	12 Nisan Mon	13 Nisan Tue	14 Nisan Wed	15 Nisan Thurs	16 Nisan Fri	17 Nisan Sat	18 Nisan Sun

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Jonan's Prayer Answered	Jonan's Prayer	ASKING IS THE RULE OF THE KINGDOM
<p>He knew his God – that He is “a gracious and compassionate God, slow to anger and abundant in lovingkindness, and one who relents concerning calamity” (4:2)</p> <p>He believed his God – that God would answer his prayer based on WHO GOD IS rather than on what Jonah did or didn't do (balance required – Note: it was a repentant Jonah praying from the fish's stomach, although his prayer to be saved from drowning is definitely that of a desperate man)</p> <p>He knew the Word – his prayer is steeped in Scripture</p> <p>He was willing to obey his God – “promised to sacrifice with thanksgiving and pay his vows)</p> <p>He was repentant (God promises to hear His repentant</p>	<p>Jonah 2:2 – Ps 18:6; 120:1 Jonah 2:3 – Ps 88:6; 42:7 Jonah 2:4 – Ps 31:22 Jonah 2:5 – Ps 69:1-2 Jonah 2:6 – Ps 77:11-12 Jonah 2:7 – Ps 11:4, 18:6 Jonah 2:8 – Ps 50:14, 23 Jonah 2:9 – Ps 3:8</p>	<p style="text-align: center;"><u>Hosea 14:1-5</u></p> <p><u>Situation:</u> stumbled because of sin</p> <p><u>Prayer to Pray:</u></p> <ol style="list-style-type: none"> 1. <u>Petitions:</u> take away all iniquity & receive us graciously 2. <u>Reason:</u> want to present fruit of our lips 3. <u>Repentance:</u> no more trusting in Assyria to save us; no more idolatry 4. <u>Truth:</u> God is merciful <p><u>God's Response:</u> I will heal, and I will love</p> <p style="text-align: center;"><u>Joel 2:1,3,6, 10-20</u></p>
<p style="text-align: center;">Desperate Prayers Answered</p>	<p style="text-align: center;">Learning from Jonah's Experience</p>	<p><u>Situation:</u></p> <ol style="list-style-type: none"> 1. The day of the LORD is coming & is near (v1) 2. Enemies on the border (v1), burning the land (v3) 3. No Escape <p><u>People's Response (v6):</u> 1. anguish 2. pale</p> <p><u>Situation:</u></p> <ol style="list-style-type: none"> 1. The day of the LORD is coming & is near (v1,11) 2. Enemies on the border (v1), burning the land (v3) 3. No Escape 4. Earth quakes, heavens tremble 5. sun & moon grow dark, stars lose brightness 6. None can endure it
<p>Must flow from a correct understanding and knowledge of WHO GOD IS and WHAT HE IS LIKE – His names, His character</p> <p>Must flow from a trust in His ability to do the “impossible thing” you are asking of Him</p> <p>Must flow from a relationship with God that is real and personal, i.e., you are born-again</p> <p>If sinning, must repent first & be willing to obey God</p> <p>Note: God has no obligation to answer prayers from unbelievers, although He graciously does answer some in accordance with His own pre-determined will and plan</p> <p>Note: God has no obligation to answer prayers from a disobedient child who is unrepentant, although He graciously withholds the full consequences of a fully-deserving chastisement</p> <p>Note: God has no obligation to answer prayers that are prayed out of His will, even if it is prayed by one of His children!</p>	<p>* Jonah is the only sign given to an evil and adulterous generation (Mt 12:38-41; 16:1-4; Lk 12:29-32). As Jonah was 3 days and 3 nights in the belly of the fish, so shall the Son of Man be 3 days & 3 nights in the heart of the earth</p> <p>* after 3 days, Jesus will be raised from the dead = Proof of His Messiahship (Jn 2:18-23)</p>	<p><u>The LORD's Response</u></p> <ol style="list-style-type: none"> 1. Yet even now, return with all your heart, with fasting, weeping & mourning 2. rend your heart & return <p><u>The People's Response</u></p> <ol style="list-style-type: none"> 1. Blow the trumpet & consecrate a fast (v15) 2. Gather everyone to fast and repent (v16) 3. The priests are to weep & lead the people in prayer <p><u>The Prayer of Repentance (v17)</u></p> <ol style="list-style-type: none"> 1. Petitions – spare Thy people & Thy land <p>2 Ch 20:1-30 - Jehoshaphat's prayer for help against three armies gathered to war against him)</p> <p>Daniel 9 (Daniel prayed the Ephesians 3:20 prayer and obtained an answer beyond his imagination and wildest dreams!)</p> <p>Ezra 9:1-10:17 – Ezra mourns for the Jews' conduct (9:1-4), Ezra's Confession of Sin (9:5-15), The Oath Taken to Undertake Reformation (10:1-5), The People Assembled (10:6-14), The Reformation Effected (10:15-17)</p> <p>Nehemiah 9 –A solemn Fast (v1-3), Prayer & Confession of Sin (v4-38)</p>
	<p style="text-align: center;">Jesus' 3 Days and 3 Nights</p>	

Jonah's Prayer	Quotations from Psalms
2 "I called out of my distress to the LORD, And He answered me. I cried for help from the depth of Sheol; Thou didst hear my voice.	Psalm 18:6 - In my distress I called upon the LORD, And cried to my God for help; He heard my voice out of His temple, And my cry for help before Him came into His ears. Psalm 120:1 A Song of Ascents - In my trouble I cried to the LORD, And He answered me.
3 "For Thou hadst cast me into the deep, Into the heart of the seas, And the current engulfed me. All Thy breakers and billows passed over me.	Psalm 88:6 - Thou hast put me in the lowest pit, In dark places, in the depths. Psalm 42:7 - Deep calls to deep at the sound of Thy waterfalls; All Thy breakers and Thy waves have rolled over me.
4 "So I said, 'I have been expelled from Thy sight. Nevertheless I will look again toward Thy holy temple.'	Psalm 31:22 - As for me, I said in my alarm, "I am cut off from before Thine eyes"; Nevertheless Thou didst hear the voice of my supplications When I cried to Thee.
5 "Water encompassed me to the point of death. The great deep engulfed me, Weeds were wrapped around my head.	Psalm 69:1-2 For the choir director; according to Shoshannim. A Psalm of David. 1 Save me, O God, For the waters have threatened my life. 2 I have sunk in deep mire, and there is no foothold; I have come into deep waters, and a flood overflows me.
6 "I descended to the roots of the mountains. The earth with its bars was around me forever, But Thou hast brought up my life from the pit, O LORD my God.	Psalm 18:5 - The cords of Sheol surrounded me; The snares of death confronted me. Psalm 116:3 - The cords of death encompassed me, And the terrors of Sheol came upon me; I found distress and sorrow. Psalm 30:3 - O LORD, Thou hast brought up my soul from Sheol; Thou hast kept me alive, that I should not go down to the pit.
7 "While I was fainting away, I remembered the LORD; And my prayer came to Thee, Into Thy holy temple.	Psalm 18:6 - In my distress I called upon the LORD, And cried to my God for help; He heard my voice out of His temple, And my cry for help before Him came into His ears.
8 "Those who regard vain idols Forsake their faithfulness,	Psalm 31:6 - I hate those who regard vain idols; But I trust in the LORD.
9 But I will sacrifice to Thee With the voice of thanksgiving. That which I have vowed I will pay. Salvation is from the LORD."	Psalm 50:14 - "Offer to God a sacrifice of thanksgiving, And pay your vows to the Most High; Psalm 50:23 - "He who offers a sacrifice of thanksgiving honors Me; And to him who orders <i>his way aright</i> I shall show the salvation of God." Psalm 3:8 - Salvation belongs to the LORD; Thy blessing <i>be</i> upon Thy people! Selah.